



Newton-Wellesley Family Pediatrics Newsletter

COVID-19 Update

- Our office is following the guidelines of the Massachusetts Department of health and the CDC. Our website will keep up to date postings, but feel free to check regular CDC updates [here](#)
- We kindly ask you **call us** prior to your visit if you have traveled to any of the high risk areas, currently including: China, Iran, Italy, Japan or South Korea or have had direct contact with a known COVID-19 carrier in the last 14 days
- **Do not panic!** But you can stay prepared and help prevent the spread by:
 - Wash your hands frequently for at least 20 seconds
 - Avoid touching your eyes, nose and mouth
 - Avoid close contact with anyone who traveled to a location listed as a high risk region
 - Stay at home if you are sick, and call us if you would like guidance on whether your child should be seen
 - Get your flu shot - the flu is still a higher risk than COVID-19 in Massachusetts
 - See [FAQs on COVID-19](#) to further educate yourself!



Reminder: first Post-Partum *Bliss* class is **tomorrow!**

New baby? We are excited to announce our first after hours **parent support group** led by our Clinical Manager Cyndi Welch alongside our pediatricians. Come ask questions, meet some of the other parents at our practice and stave off those post-partum *blues* with some company!



When: Wednesday, March 11th, 6:30 pm -7:30 pm

Where: NWFP office waiting room, 2000 Washington Street, Suite 468

RSVP: [Email Here](#)

Don't forget to check out our **updated** website

Useful Links:

Check it out [HERE](#), along with:

- [Services](#) we provide
- Provider [bios](#)
- A [resources](#) page



[Click here for fever dosing chart](#)

