



Newton-Wellesley Family Pediatrics November Newsletter



Happy Thanksgiving

NWFP wishes you and your family a happy and safe thanksgiving. A few reminders to help make safe choices for your family's health this holiday:

[CDC Holiday Recommendations](#)
[Massachusetts travel order](#)

COVID Testing

If you have symptoms:

- Call our office to discuss your need for an appointment
- If you are within 7 days of symptoms, we have an in-house rapid molecular test

No symptoms:

- If you have known close exposure (defined as within 6 feet for a cumulative total of 15 minutes or more over 24 hours starting 2 days before illness onset) and/or were contacted by the department of health) but *do not have symptoms of COVID*, or would like an elective test for travel or personal preference, please call our office to arrange lab PCR testing at Newton-Wellesley's testing site or any of the current testing centers [here](#)

*Please note, testing results in most locations are delayed with the volume of tests currently being run

*Further details on our website [here](#)

Reminders for a swift visit with NWFP

- Hospital entrances are being monitored and patients are checked in one at a time following COVID safety precautions and **it may take longer than usual to get up to our office**, please plan accordingly
- Please remember to **call from your car** to notify us when you have arrived so we can ensure that an exam room is available to minimize any wait time in our waiting room
- Prior to your appointment, you will be asked screening questions with your reminder call, please make sure to **notify us if you have ANY symptoms of illness at all**, and please make sure to notify us if new symptoms develop since you have last spoken to our staff. We have **strict protocols for any patients with symptoms** (time of day, specific rooms and staff that will assist you) and must know ahead of time so that we can ensure safety for all
- If you have symptoms or known COVID exposure, and are scheduled for a non-urgent follow up or well visit, we kindly ask you re-schedule your visit as *we do not have the capacity to do a sick visit and well visit at the same time*
- We thank you for your understanding in efforts to keep our community safe. Review any further office changes on our [website](#)

Useful Links:



[**Fever dosing links**](#)

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